

Weekly Newsletter



17th January

Senior Leadership Message -


It has been another successful week here at Bramley. Well done to all our families and staff for managing the traffic situation, hopefully this will improve next week! This week, we have focused on the value of perseverance, exploring the Bible story of 'The Good Shepherd' and how Jesus, as the Good Shepherd, ensures no one is left behind.

I had the pleasure of attending the Welcome Service for Bramley's new Vicar, Revd Davie, this week. I was proud to represent the school in welcoming Revd Davie to our community, and we hope this marks the continuation of our strong relationship with our local church.


The National College has produced a wealth of information about online safety for families and schools. You can follow their online safety account on Instagram – #WakeUpWednesday – or find many short videos and guides on their website: [National Online Safety](#). Anyone can create an account to access all their content. A handy guide for online safety is included at the bottom of this week's notices.



Have a lovely weekend!
Mrs. Strickland (Head of School)



Prayer



Dear God

In times of struggle and doubt, grant me the strength to persevere. When the path is difficult and the journey long, fill my heart with courage and determination.

Give me the wisdom to see beyond my challenges and the patience to endure them.

Amen.

Class Reminders

Year 1 - We are currently missing some sharing books, if you have any at home please could you return them asap so that they are available for other children. We are particularly on the look out for Stage 5 Oxford Reading Tree books, including 'Gran' and 'Castle Adventure'.

All Classes - For those who provide their children with pack lunches, a reminder that we are a **nut free school**. Please check all ingredients of food such as pesto snack bars, such as 'pick up' chocolate bar's, as these are not nut-free.



Headteacher **AWARD** Value **AWARD**

- | | |
|--------------|---------------|
| (YR) Margot | (YR) Coco |
| (YR) Georgie | (Y1) Finley A |
| (Y1) Dotty | (Y2) Harry H |
| (Y1) Afina | |
| (Y2) Amelia | |
| (Y2) Harry C | |

Class Gem Jar **AWARD**



Reception

Well done everyone!

10 Top Tips for Parents and Educators

SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

1 REDUCE DOOMSCROLLING

It's concerning how common it is for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

9 MODEL GOOD BEHAVIOUR

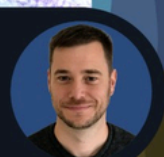
Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important. Set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

Meet Our Expert

John Insley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at <https://nationalcollege.com/guides/top-tips-for-safety-on-social-media>

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Classroom Focus

PRE SCHOOL



Pre School have had a fantastic couple of weeks back. We have welcomed some new friends, who have settled in brilliantly!

The weather has been perfect for looking at signs of winter weather. Luckily, although it has been very cold, we have still been able to wrap up warm and go outside. We have been amazed by the frost and ice that we found in our outside area and we couldn't believe that even the sand in the sandpit was frozen! The children really enjoyed seeing if they could free up lots of objects in ice and talking about what helps the ice to melt!

Next week we will start our new 'Traditional Tales' topic with the lovely Goldilocks and the Three Bears story.



Upcoming Events

Please note that dates in bold may have been added or changed since our last weekly newsletter.

January

27th Holocaust Memorial Day

February

3rd Children's mental health week

12th Year 1 trip to Spectrum sports event **(Parents can watch from the balcony)**

17th Half term week

24th INSET day

25th Children return to School

25th Reception visiting Bramley Library

March

5th Year 2 trip to Spectrum sports event **(Parents can watch from the balcony)**

6th World book day – children to come in dressed up

10th British science week

10th Reception trip to the Haslemere Museum

11th Year 1 visiting Bramley Library

19th – 21st Traveling book fair

21st Red Nose Day for Comic Relief

28th National Skipping Day

4th End of term – children finish at 1.15pm

April

22nd Inset Day

23rd Children return to school

23rd Traveling Farm visiting Nursery & Pre-School 9-11am

25th Reception health review with the Surrey nursing team

May

5th BANK HOLIDAY - School is Closed

12th Mental Health Awareness Week

26th Half term week

June

16th Refugee Week

25th Tillingbourne Moving Up Day - Year 2

July

18th - Children break up for Summer holidays, finish at 1.15pm

21st INSET day

22nd INSET day, End of Term

We have some exciting ideas for this term's fundraising and will be discussing dates for a planning meeting shortly. Anybody is welcome to come along to this meeting!

We would love to see some new faces this year, especially from Reception, now that your little ones have hopefully settled into School life.

Please come and have a chat with us if you think you might be interested or come along to the next meeting to see what it's all about.

Ultimately, the time we put in is all for the children and we need more support for this to continue!

Have a great weekend

Marty, Tiff, Lucinda, Holly & the rest of the team x



Term Dates

2024 - 2025

Autumn Term 2024	Spring Term 2025	Summer Term 2025
02/09/24 to 20/12/24	06/01/25 -04/04/25	22/04/25 – 18/ 07/25
Half Term: 28/10/24 – 01/11/24	Half Term: 17/02/25 – 21/02/25	Half Term: 26/05/25 – 30/05/25
INSET DAY: 02/09/24, 03/09/24, 04/11/24	INSET DAY: 06/01/25, 24/02/25	INSET DAY: 22/04/25, 21/07/25, 22/07/25

2025 - 2026

Autumn Term 2025	Spring Term 2026	Summer Term 2026
03/09/25 to 19/12/25	05/01/26 -27/03/26	13/04/26 – 22/07/26
Half Term: 27/10/25 – 31/10/25	Half Term: 16/02/26 – 20/02/26	Half Term: 25/05/26 – 29/05/26
INSET DAY: TBC	INSET DAY: TBC	INSET DAY: TBC

Adverts & Events

SAVE THE DATE!

Thursday 20th March 2025

6.30pm – 8pm

Tillingbourne Junior School, GU4 8NB

ANXIETY SUPPORT WORKSHOP FOR PRIMARY SCHOOL AGED CHILDREN

- What is normal anxiety?
- How can anxiety present?
- How can you support your child?
- Opportunity to seek support for your individual child

All parents & carers welcome!

HIGHLY RECOMMENDED

Led by Nikki Brunton-Smith

(Waverley Primary Mental Health Worker)



Please email Mrs Korda if you wish to attend this event. Please state how many adults from your family will be attending.

j.korda@wsgprimary.uk



Waverley Family Centre

Cranleigh Baptist Church,
High Street Cranleigh GU6 8RT
1.30-3.30pm

Next meet: Thurs 6th February

The First Thursday Parent/Carer Support Group

A new support group for parents and carers of children with additional needs.

Run by parents and carers, for parents and carers. Come with or without your children. Stay for as long or as little as you like. Refreshments provided.

No January meeting!
See you in February.

For more information scan the QR code or call: 01483 417157



Waverley Family Centre, Green Lane, Binscombe, Godalming, Surrey, GU7 3TB and Upper Hale Road, Farnham GU9 0LR

BARNARDO'S

Changing childhoods.
Changing lives.

Family event BIG GARDEN BIRDWATCH



Saturday 25 January 2025
10.30am-1pm

A chance for children and adults to have fun together making bird cakes, doing craft activities and discovering the birds in the Museum grounds and galleries.
Free event | No need to book in advance

Haslemere Museum, 78 High Street, Haslemere GU27 2LA



10%
SIBLING DISCOUNT
USE CODE: SIBLING25
*Terms apply**



February Half-Term Football Camps

Monday 17th - Friday 21st February

PARK MEAD PRIMARY SCHOOL
Park Drive, Cranleigh, Surrey GU6 7HB

TILLINGBOURNE JUNIOR SCHOOL
New Rd, Chilworth, Guildford, Surrey GU4 8NB

BOXGROVE PRIMARY SCHOOL
Boxgrove Lane, Guildford, Surrey GU1 2TD

£30 per day or £125 for all 5 days

Drop off 8:30am-9:30am, Pick up 3:30pm-4:30pm



To book and for more information please visit the web address below or scan the QR Code.

<http://planet-soccer.info/book-a-holiday-course/>

01483 363190
07912 553896

Email: admin@planet-soccer.info
www.planet-soccer.info

Planet Soccer PlanetSoccerSP7 planetsoccerSP7

Adverts & Events

WSG JUNIOR CRICKET CLUB NEW JUNIOR MEMBERSHIPS NOW AVAILABLE FOR 2025 SEASON

For boys & girls Yrs 1 to 9 (U6 to U14) on Friday evenings
season starts 25th April until 12th July 2025
2 wk half-term 23-30th May
at Wonersh Cricket Club & Shamley Green Cricket Club



REGISTER NOW!

www.pitchero.com/clubs/wsgjuniorcc/signup
(or search WSG junior cricket)

Our local ECB qualified coaches are DBS checked & will help your child learn, develop & have fun playing cricket. No experience necessary, everyone welcome.

£55 for Yrs 1-4, U6-U9 (soft ball)
at Shamley Green cricket pitch
Y1 and Y2 4:45 - 5:30pm
UB & U9 5:45 - 6:45pm

£70 for Yrs 5-9, U10-U14 (hard ball)
at Wonersh cricket pitch
U10 6:00 - 7:30pm
U14 6:30 - 8:00pm

coaching sessions on Fridays
& matches on Sundays

NEW MEMBERS - How To Register

Go to www.pitchero.com/clubs/wsgjuniorcc/signup

1. Please register to create a parent account in **your name**.
2. Then add your child's profile to your parent account & the team they wish to play for and submit.
3. Once we receive your application we will review your application & send you a payment link.
4. On completion of your payment we will send you a confirmation email.

For more info, please email:
wsgmemberships@gmail.com



SURREY
CRICKET
FOUNDATION



Beating asthma together 13th February 7.30-8pm



<https://events.teams.microsoft.com/event/abb4bb3b-ab3d-4b23-a331-e9447e561aa4@37c354b2-85b0-47f5-b222-07b48d774ee3>

Are you a parent or carer whose child has asthma or suspected asthma?

Join us on at this event to look at the challenges facing children and young people with asthma and how we can help overcome them.

Surrey heartlands children and young people's asthma team